

**\*Bring a pen for info controls****KEY TO ABBREVIATIONS;**\$ = Signpost; **W**'k = Stone waymark**T** = T-Junction; **L** = Left turn; **R** = Right turn; **SO** = straight on; **X** = cross roads;**Rdb** = roundabout; **TL** = Traffic lights; **CAPITALS** = places ridden through;**Lowercase** = places ridden towards**1. CARHARRACK-BLACKWATER- 6km****Exit L** from hall**bear R** on L/h bend no \$**L** at **T** \$ Chacewater**R** \$ Chacewater**R** at **T** \$ Chacewater**L** at **X** **W**'k \$ **PORTREATH** (after Cyclists signs).**SO X** \$ **WHEAL BUSY**,**pass** **WHEAL BUSY** and**L** at **T** no \$ continue under road bridge**SO** at **X** **BLACKWATER** \$ **Mount Hawke****L** at **1<sup>st</sup> X** \$ **A.T.V.****INFORMATION CONTROL - 6km****2. BLACKWATER – BUTNEY CORNER - 15km****R** at **T** \$ **Porthtowan****L** in approx. 400m \$ **MAWLA****1st R** leaving **MAWLA** no \$**SO X** \$ **Portreath Tramroad****L** at **T** minor road \$ **Portreath Tramroad****SO** through **CAMBROSE** to**R** at **T** \$ **PORTREATH B3300****Continue** thru **PORTREATH** uphillfollow \$ **Hayle****L** \$ **Camborne****At 1<sup>st</sup> R corner** no \$ - **BUTNEY CORNER****CONTROL - BUTNEY CORNER - 21km****3. BUTNEY CORNER – CARN BREA -****12km****SO** from control (**DON'T TURN CORNER!**) thru **COOMBE****L** at **T** \$ **POOL 2 ½****SO** mini-rdb **TOLVADDON**In **POOL SO** double-rdb \$ **Four Lanes****SO** mini-rdb**R** at **TL** \$ **Camborne****L** at **TL** over Railway bridge \$ **BREA****R** \$ **BREA ½**. In **BREA VILLAGE****L** up Chapel Hill by telephone box**L** at **T****2nd. L** no \$ to **TRESKILLARD****SO** through village to**R** at **T** no \$**L** at Countryman P.H. no \$ into **CARNKIE****L** in **CARNKIE** \$ **CARN BREA CASTLE**Climb lane to summit **MONUMENT** and**INFORMATION CONTROL - 33km****4. CARN BREA - CARHARRACK - 9km****Retrace** to **CARNKIE** where**L** at **T** and follow road to**L** at **T** \$ **REDRUTH B3297****2nd L** at **TL** (**Clinton Rd.**)**1st R** (**Park Rd**)**SO** at all **X**-roads to top of hill then join cycle track**L** at **T****R** at mini **Rdb**'s \$ **ST. DAY**.in **ST. DAY****R** and **immed L** \$ **CARHARRACK****R** at **X** \$ **CARHARRACK B3298****L** into **CARHARRACK** \$ **Croftandy****CONTROL - MILLS HALL - 42km****PASTY!****5. CARHARRACK - CHACEWATER - 4km****Exit L** from Control

**L at T \$ CHACEWATER**  
**R \$ CHACEWATER**  
**R at T \$ TODPOOL**  
**R at W'k WHEAL BUSH \$ Devoran**  
**Thru' TODPOOL (unmarked) and uphill**  
**To CHACEWATER**

**INFORMATION CONTROL - 46km**

**6. CHACEWATER - PENPOL BRIDGE - 10km**

**Retrace from pub, L at Village Hall \$**  
**TWELVEHEADS**  
**R at T TWELVEHEADS**  
**L in TWELVEHEADS \$ BISSOE**  
**L at T (opp Richards Garage)**  
**Fork L at grass triangle (no \$) to CARNON**  
**DOWNNS**  
**SO at staggered X \$ PENPOL**  
**R at X into Point Rd**  
**Over bridge & R at T for 150m \$**  
**DEVORAN**

**INFORMATION CONTROL - 56km**

**Next L into Grenna Lane [Cycle Route 3]**  
**SO at X**  
**R at T \$ Redruth,**  
**to 2<sup>nd</sup> X at PULLA CROSS (no village \$ - 5 way**  
**X roads) where**  
**R at X \$ Crofthandy**  
**L \$ CARHARRACK to**

**FINAL CONTROL - MILLS HALL**  
**-67km**

***CREAM TEA!***

**7. PENPOL BRIDGE – CARHARRACK - 11km**

**Continue** along flat estuary road thru lower  
**DEVORAN**

**L \$ Falmouth**

**SO at A39 Rdb \$ Bissoe [CAUTION]**

**SO at X \$ Cl...**